



OVERCOME DISCOURAGEMENT

Discouragement occurs when things are not going our way or the way we thought they would go. We may have done our best, yet things do not turn out as we expected. All of us can be subject to discouragement. The Bible gives many examples of great heroes of faith, such as Job and David, who dealt with great discouragement.

In the video, *Overcome Discouragement*, Dr. Bobby Brewer shares how remaining joyful during tough times and seeing the big picture play huge roles in fighting this battle

First: Watch the *Overcome Discouragement* video featuring Dr. Bobby Brewer, author and pastor.

***Please note:** We use the first person throughout our study guides. We do this with the hope that it will enable you to overcome your personal struggle (in this case with discouragement) and to grow in your personal relationship with God.

Dive Deeper

Dr. Bobby Brewer defines courage as the ability or state of mind to face great difficulties, danger, and challenges. Discouragement would mean that those attributes have been diminished in your life.

Discouragement is a reality that can affect all of us, including many heroes of the faith in the Bible.

Pastor Bobby describes Job as being a righteous man, while dealing with much loss and hardship. David—a man after God’s own heart—was anointed by Samuel, and yet he became a fugitive, running and hiding from the evil King Saul for over a period of thirteen years.

Why do you think you deal with discouragement even while it seems you are doing all the right things?

Additional Thoughts:

If you remain discouraged, where would that lead you?

Additional Thoughts:

My groaning has worn me out. At night my bed and pillow are soaked with tears. (Ps 6:6 CEV).

Have you ever wondered “*Where is God?*” during a time of a discouragement? How did you react?

How does recognizing that God knows everything you are going through and that He will do whatever is best according to His purpose help you during times of discouragement?

And do not be grieved, for the joy of the LORD is your strength (Neh 8:10b ESV).

Read Nehemiah chapter 4. Nehemiah faced opposition when he set out to rebuild the wall of Jerusalem. In what ways did God give him strength to complete the task?

What distinction does Pastor Bobby make between joy and happiness?

How can you have joy when circumstances are not going as you expected or wanted them to?

Additional Thoughts:

Ways to Overcome Discouragement

1. See the BIG picture.

Realize that God has a purpose for you in His plan. How does knowing this change your perspective?

Be found faithful, and stay in the game. How does the Parable of the Bridesmaids in Matthew 25 encourages you to press on?

2. Be faithful with the gifts God has given you.

God has given you specific gifts to use for His glory.

Read Matthew 25:14-30. How does the parable of the talents encourage you to not compare yourself to others, while using your God-given gifts for His glory?

3. Be encouraged that Jesus is coming back.

In Matthew 25, the Bible tells of Jesus' return. He will separate the sheep from the goats. What courageous actions does the truth of Jesus' coming return motivate you to take?

Additional Thoughts:

Recap

1. See the BIG picture. Stay in the game.
2. Be faithful with the gifts God has given you.
3. Be encouraged that Jesus is coming back.

Live It Out

- Expand your perspective to see the bigger picture of things.
- Read the Bible and pray daily to be better aligned with God's will for your life.
- Use what gifts and resources God has given you to serve Him.
- Live with an eternal perspective that this life is temporary and know Jesus will return.
- Be faithful and persevere. Keep on keeping on.

Salvation through Jesus

If you don't know Jesus as your Lord and Savior, we encourage you to visit www.anchorpointmedia.org/the-truth. There you will discover the truth of who Jesus is and how you can have a relationship with Him.

About Dr. Bobby Brewer [1964–2024]

In 2022, Dr. Bobby Brewer helped plant The Chapel at Reigning Grace Ranch in Rio Verde, Arizona, and led as Senior Pastor until his passing in mid-2024. During his thirty years of serving in ministry, he served on the pastoral staff of several evangelical churches in the Greater Phoenix area. He co-hosted a Christian radio show for fifteen years and authored a variety of books, including *Postmodernism: What You Should Know & Do About It*, *Help! I'm Really Single: A Survival Guide for Today's Christian Single*, *UFOs: 12 Things Everyone Should Know*, and he co-authored *A Commentary of Ecclesiastes for the Common Reader* with Dr. Darryl DelHousaye.

About Anchor Point Media

We create Christ-centered videos and material to encourage people to seek the Truth of who Christ is and to grow deeper in their relationships with God.

We partner with Bible scholars and Bible-teaching pastors & leaders who teach biblically-sound doctrine. The teachers we work with have hearts to reach the lost, bring hope to the hopeless, and strengthen relationships with our LORD & Savior.

With God's help, we are actively transforming lives with the Love, Truth, and Hope of Jesus.

Discover more videos from the Overcome series, as well as other series, at www.anchorpointmedia.org.