

OVERCOME

In overcoming hatred, we are called to live in a way that reflects the character of God. Time and again, we are taught throughout the Bible that God loves people yet hates sin. By focusing on what God loves and on what He hates, we can change our perspective. The challenge lies in loving our enemies and forgiving those who hurt us, just as Jesus commanded. This requires a shift in focus—dwelling on what is true, honorable, and pure—rather than on our grievances. We can overcome hatred by trusting God to judge well, cultivating the fruits of the Spirit, and embracing God's love.	Additional Thoughts:
First: Watch the <i>Overcome Hatred</i> video featuring Willie Dudley, Director of Men's and Marriage Ministries at SBC – Fountain Hills.	
*Please note: We use the first person throughout our study guides. We do this with the hope that it will enable you to overcome your personal struggle (in this case with hatred) and to grow in your personal relationship with God.	
Dive Deeper	
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In the beginning of the video, <i>Overcome Hatred</i> , Willie Dudley states that much like a piece of meat stuck in your tooth consumes your focus, hatred overwhelms your every thought.	
Try to focus on two things at the same time, like a blue sky and a fire truck or moving forwards and moving backwards simultaneously. Were you able to focus on both things at the same time?	
Which thing dominated value thoughts?	
Which thing dominated your thoughts?	
To overcome hatred, it is necessary to understand how to love what God loves and hate what God hates. As Willie states, "In Scripture.	

people in His image."

the first thing that you see what God loves is people. He created

This is the book of the generations of Adam. When God created man, He made him in the likeness of God (Gen 5:1 ESV).	Additional Thoughts:
What are the implications of being made in the likeness of God?	
What character traits of God do you have or wish you had?	
In Proverbs 6:16–19, it is revealed that God hates certain things. What are some of the actions brought to light in that passage that God hates?	
Scripture says we are to hate evil and do what is good (Amos 5:15), and that the one who hates reproof (correction) is stupid (Prov 12:1).	
Actions to Take to Overcome Hatred	
1. Love your enemies.	
Read Matthew 5:43–48. Why does God want you to love your enemies?	
2. Love one another.	
Read John 13:34-35. Jesus gives the new command to love one	

		Additional Thoughts:
	affect the non-believing world?	
3	Don't let arguments to go unresolved.	
	Read Ephesians 4:26–32. What do you think it means to be angry, yet not sin?	
	How does unresolved anger grieve the Holy Spirit?	
	What characteristics does God desire for His children to put away	
	(verse 31)?	
	What characteristics does God desire for His children to take on	
	(verse 32), write down the ones you want to work on and ask God	
	to help you with them.	
4	Focus is vital.	
	Read Philippians 4:8–9. To <i>think</i> on the key aspects of Philippians	
	4:8 means to <i>dwell</i> on them. How does dwelling on what is positive change your thought patterns towards another?	

5. The Fruits of the Spirit.	Additional Thoughts:
Contrast the works of the flesh in Galatians 5:19–21 with the fruit of the Spirit in Galatians 5:22–23. What fruits of the Spirit do you see in your own life?	
What works of the flesh do you need God's help with?	
What does Galatians 5:22–23 say about God's character and His desire for you to live in a way that reflects His character?	
6. Selfless love.	
Read 1 Corinthians 13:4–7. This passage is profound and goes completely against the old adage of <i>what comes around goes around</i> . How is God's definition of love different than the world's definition?	
Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, "Vengeance is mine, I will repay, says the Lord" (Romans 12:19 ESV). Why does leaving God to discipline someone who wronged you the correct thing to do?	

Recap Additional Thoughts: 1. Love what God loves and hate what God hates according to Scripture. 2. Love the people God has put in your life. 3. Love your enemies. 4. Be one who forgives. 5. Don't grieve the Holy Spirit. 6. Be kind to one another. 7. Focus on Jesus and His word. Live It Out Meditate on what is true. Think of ways you can love others in action. · Pray for your enemies. Write down and think about what God loves and then do that. Avoid doing the things that God hates. Pray for the Holy Spirit to release you from thoughts of hatred and turn you toward love. Pray for the Holy Spirit to manifest the fruit of the Spirit in you. Leave judgment to God and do not take vengeance on those who have offended you. Salvation through Jesus If you don't know Jesus as your Lord and Savior, we encourage you to visit www.anchorpointmedia.org/the-truth. There you will discover the truth of who Jesus is and how you can have a relationship with Him.

About Willie Dudley

Willie Dudley is Director of the Men's and Marriage Ministries at SBC – Fountain Hills. Prior to his role at SBC, Willie was served as Director of Men's Ministry, taught as a featured pastor, and served as an elder at North Chapel Bible Church in Fountain Hills, Arizona. Willie was also influential in the development of teenagers as they matured into young men while coaching high school football. Willie's heart is to teach sound biblical doctrine in ways that promote relational growth through Christ Jesus.

About Anchor Point Media

We create Christ-centered videos and material to encourage people to seek the Truth of who Christ is and to grow deeper in their relationships with God.

We partner with Bible scholars and Bible-teaching pastors & leaders who teach biblically-sound doctrine. The teachers we work with have hearts to reach the lost, bring hope to the hopeless, and strengthen relationships with our LORD & Savior.

With God's help, we are actively transforming lives with the Love, Truth, and Hope of Jesus.

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